

**ACO OVERSEAS CAMP TO RAF AKROTIRI CYPRUS 2009 - KIT LIST**

<u>ITEM</u>	<u>QTY</u>	<u>ITEM</u>	<u>WEIGHT IN KG</u>
<b><u>BLUE UNIFORM</u></b>			
Beret & Badge	1	each	
Rank badges (NCOs), Blue Grey	1	each	

<b><u>DPM UNIFORM</u></b>			
Trousers, DPM	1	each	
Shirt, DPM	1	each	
Waterproof Jacket	1	each	
T-Shirt (Plain olive/dark green or black)	2	each	
Belt, Green	1	each	
Boots, Black	1	pair	See Note
<b>TOTAL WEIGHT DPM (Including Boots)</b>			<b>6.4Kg</b>

<b><u>PERSONAL EQUIPMENT</u></b>			
F3822 Cadet Record of Service Book			
Passport	1		
European Health Insurance Card	1		Available free of charge
Shower-proof Jacket, Civilian	1		(In case of wet weather)
<b>CIVILIAN CLOTHING</b>	<b>As weight permits</b>	<b>Note the weather may be changeable.</b>	
Underwear			As required
Pyjamas / Nightwear	1 set		
Washing Kit	1 set		
Shaving Kit (Males)	1 set		
Towels (medium size)	2		
Trainers (sports footwear)	1	pair	
Socks, sports	3	pairs	
Sports Kit (T-shirt & Shorts)	1	set	
Shoes, Civilian	1	pair	
Swimwear	1		<b>One piece, no bikinis</b>
Black Shoe Polish	1		
Brushes & Dusters, for shoes	1		Small set
Notebook & Pen	1		

**Note: As DPM boots weigh 3.4 kg, it may be better to carry them in your hand-luggage**